

# PHYSICAL THERAPY/BALANCE THERAPY FORM

Name: \_\_\_\_\_ Date: \_\_\_\_\_

What is your chief complaint? \_\_\_\_\_

When did it start? \_\_\_\_\_

Is it due to an injury, fall, or accident? \_\_\_\_\_

Is your condition resulting in a worker's compensation claim? \_\_\_\_\_

If so, is a lawyer involved? Yes No

Have you had any other treatments for this condition (currently or in the past)? Yes No

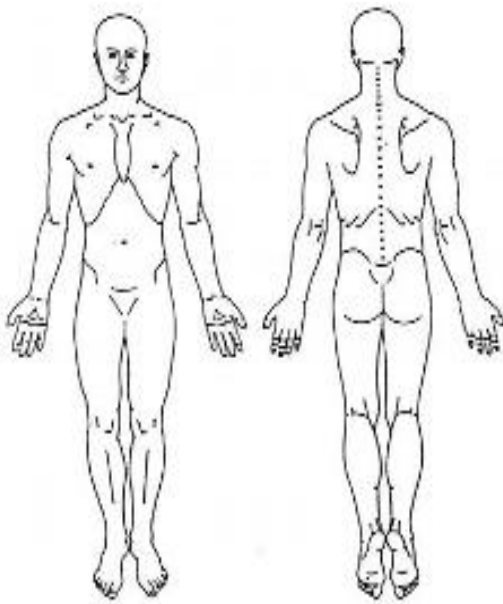
Please explain \_\_\_\_\_

If balance is an issue, have you fallen? Yes No

If yes, how often have you fallen in the past week: \_\_\_\_\_ or month: \_\_\_\_\_ or year: \_\_\_\_\_

Do you have dizziness? Yes No \_\_\_\_\_

## PAIN SCALE:



If you are experiencing pain, please mark on the diagram to the left where you are experiencing pain.

On a scale of 0- 10 (0= no pain, 10=emergency room pain), how would you rate your pain:

Now: \_\_\_\_\_ At worst: \_\_\_\_\_ At best: \_\_\_\_\_

Circle the items that describe the nature of your pain:

sharp	dull	piercing	shooting
aching	deep	superficial	tingling
burning	numb	intermittent	constant
stabbing			

What makes your pain worse \_\_\_\_\_

What makes it better \_\_\_\_\_

Is your pain: improving worsening constant

Is there anything else that you feel we should know about to give you quality care? \_\_\_\_\_

So we can best serve you, please list your goals for therapy \_\_\_\_\_

Signature of Patient/Guardian \_\_\_\_\_ Date: \_\_\_\_\_